

# CHALYMPICS

5784 — 2023

**CHALYMPICS ARE BACK!!!!**

Brought to you by peas 🥒 love ❤️ & carrots 🥕

# What are the Chalympics?



The **CHALYMPICS** is an 8 day long, 7 event series we partake in every year of Chanukah (we take a break friday night for shabbos!).

Every night, after we light the menorah, instead of opening presents, we set up a game, using inexpensive materials that are easily purchased or that are already lying around the house, and all the kids compete.

Like the real Olympics, we start off with a torch lighting ceremony ([CLICK HERE](#) to see how to DIY your own CHALYMPIC torches!), the winners stand on appropriate leveled chairs and receive their award at the end of each night, and of course we end the games with another torch lighting ceremony.

Through out the 8 days, we keep track of the winners on a giant score card and at the end of the **CHALYMPICS** there is a final champion who wins the ultimate prize...BRAGGING RIGHTS!

Onto the final and most vital piece of all this:



# The events and their rules

These are the 7 events my children will be competing in this year. If some of these games are not suitable for your children, you can watch our videos from years past for some other ideas. You can also come up with your own games that are more appropriate for your family!

## A FEW THINGS TO KNOW:

- All games are based on 6 contestants. Adjust accordingly.
- We arrange the games according to the nights that works for our schedule. Please do the same and tailor make to suit your families needs.
- Games are chosen specifically to avoid judges having to “choose” winners. This keeps emotions a little more at bay. We find that having to choose, who built the “best” menorah can cause more problems than ‘who replicated the menorah the fastest or who got the most blind tastes correct’. If you do choose to incorporate your own games into the CHALYMPICS (which I do highly suggest because no one knows your family better than you!), I would suggest you keep this aspect of the games in mind.

## NEW THIS YEAR:

### **BONUS CHALLENGES**

*Due to having a wider age range of children competing in this years CHALYMPICS we have added a BONUS CHALLENGE ELEMENT.*

*For some events players ages 9 and up may be required to do a few minor extra steps in certain challenges to level the playing field.*

*And for one or two other events we have actually split the game into a juniors chalympics and teen chalympics.*

*BONUS CHALLENGES will be italicized and in this color!*

**NOW, LET THE GAMES BEGIN!!!!!!**

# Event 1

Thursday Night,  
25 Kislev/ Dec 7

## Opening Ceremonies and Live Memory

### WHAT YOU WILL NEED:

The homemade torches

- ◆ 12 sets of identical shekel store prizes. (2 key chains, 2 silly patty's...)
- ◆ 24 aluminum 9x13 pans (or any size, you just want to make sure that the prizes fit fully underneath them)

For the opening ceremony, play Olympic music, and have the contestants line up in age order. Light the oldest ones torch and then he lights the persons next to him. Continue until all torches are lit and then take a ceremonious walk around the living room.

(Blow out torches and save for closing ceremony)

### HOW TO PLAY:

- ◆ Send the children out of the room.
- ◆ Arrange the prizes on a large space on the floor, separating identical prizes, in a grid like pattern.
- ◆ Cover each prize with an aluminum pan.
- ◆ Call the children back into the room.
- ◆ Now play memory....
- ◆ Give each a child a chance to uncover two prizes. If the prizes are not the same, replace the pan over the prize and it is the next Childs turn.
- ◆ When someone uncovers identical prizes they keep it.
- ◆ Play until all prizes have been accounted for.
- ◆ We like to end this game with a prize swap. No one can keep two prizes and they must trade. Sometimes they need our help to facilitate this but usually it goes smoothly since they are all equally small, 1 shekel prizes!

### TEEN CHALYMPIC CHALLENGE:

- ◆ Instead of using tins and shekel toys we are upping the ante with 60 pieces of colored construction paper.
- ◆ Each paper will be cut into a 6cm X 14cm rectangle.
- ◆ Fold the rectangle in half.
- ◆ Inside of half the rectangles place some sort of coupon (get out of making your bed for a week, choose dinner 3 x over the next 2 weeks, get out of a task and pass to someone else, this coupon entitles you to a fresh batch of hot, homemade popcorn at a moments notice...that sort of thing,) and in a few of them a small number value (1 shekel, 5 shekels..).
- ◆ Staple the rectangle closed so that no one can peek.
- ◆ Any cards that are the same color will need a small symbol on the outside to creat pairs of two's for the matching game. So two red cards will have a star on the outside, 2 will have a heart, 2 will be blank, 2 will have smiley face...)
- ◆ You can reuse symbols on different colored cards.
- ◆ Arrange the cards symbol side down on a large table and play the game!
- ◆ The person with the most matches wins.

# Event 2

Motzei Shabbos,  
27 Kislev/ Dec 9

## Mise En Place Relay Special Shabbos Edition

(aka: it's been a long week, were tired, you guys cook for Shabbos. TIA)

(yes, this game is proudly borrowed from top chef)

Every year this event looks different. This is this years version.

Due to having a wider age range of children competing in this years CHALYMPICS we have added a BONUS CHALLENGE ELEMENT.

This year in order to keep the playing field leveled we have teamed up the kids!

Each team will work together to compete the cooking tasks and each player of each team will receive the earned medal.

### On the menu:

Focaccia, dairy delicious soup, cheese borekas

(It is ambitious but totally doable for a 2 person team!)

\*note: I will prepare the focaccia dough on Friday, they will be adding to pans and seasoning, and I will make the soup on Friday as well, they will be preparing the dumpling dough!

### WHAT YOU WILL NEED:

- ◆ 15 pairs of gloves (3 for each player. I give 3 sets just in case...)
- ◆ 4 plastic cutting boards
- ◆ 8 forks
- ◆ 4 batch focaccia dough
- ◆ 4 bowls with 6 tbsp olive oil in each
- ◆ 8 9x13 pans
- ◆ 8 pieces parchment paper
- ◆ 4 tomatoes

- ◆ 4 balls mozzarella
- ◆ 4 small bowls with balsamic vinegar
- ◆ 4 small balls with 1/2 tsp black pepper in each
- ◆ 4 Small bowls with 3 tbsp salt each
- ◆ 4 Medium bowls with 2&1/2 cups flour each
- ◆ 16 eggs with 4 small bowl for checking them (3 for dumplings, 1 for egging borekas)
- ◆ 4 Liquid measuring cup
- ◆ 24 squares puff pastry
- ◆ 4 Medium bowls with 4 tbsp Bulgarian cheese
- ◆ 4 Small bowls with 3 tbsp Gvina levana (quark cheese)
- ◆ 4 Small bowls with 2 tbsp shredded mozzarella cheese
- ◆ 4 Small bowls with 1 tbsp sesame seeds
- ◆ 4 egg wash brushes

### HOW TO PLAY:

Cover your dining room table with plastic.

Set up five separate working stations.

Place a cutting board in the center of each one and one of each ingredient around the cutting board.

Place the ingredients in order of the relay clockwise starting from the bottom left corner of the cutting board.

To play the game each player has to complete each of the dishes of the race before moving onto the next part.

The player that completes both dish challenges first wins.

The teams can choose to divide up the tasks between them or do each task together!

### THIS YEARS CHALLENGES:

#### OBJECTIVE:

*Each player must make 1 focaccia, 1 batch of dumpling dough, 1 small capers salad platter, 6 cheese borekas*

### **Here's how its going to go:**

Each player will begin by oiling their pan and adding the dough to the pan. They will gently press it down and then allow it to rest whole moving on to the next task.

Next they will combine the ingredients for the dumpling dough and mix well. They will then go back to the focaccia and make sure the dough goes all the way to the edges of them pan.

From there they will slice the tomatoes and mozzarella and lay on the platter alternating between the two.

They will sprinkle salt and pepper and drizzle olive oil and balsamic vinegar.

Once that is finished they can move on to making the borekas.

Mix all the cheeses and a small pinch of black pepper on the bowl with the Bulgarian cheese.

Add a dollop of cheese mixture to each puff pastry square.

Fold into a triangle, seal edges with a fork and add to the pan.

Crack remaining into a bowl, mix and brush on top of the borekas.

Sprinkle sesame seeds over the top.

Lastly, they will dip their fingers in the oil and make dimples in the focaccia dough.

Sprinkle salt, and then scream **DONE!**

**The team to finish all the tasks first is the winner!**





# Event 3

Sunday Night,  
28 Kislev/ Dec 10

## The Blind Taste Test

**Object of the game:** To identify as many foods as possible by simply tasting them while blindfolded.

### WHAT YOU WILL NEED:

- ◆ blindfold, or scarf
- ◆ a cookie sheet (to contain any spills)
- ◆ 20 different foods that can fit into small bowls or cups
- ◆ 20 small bowls or cups
- ◆ a kitchen towel

### HOW TO PLAY:

- ◆ Send the kids out of the kitchen.
- ◆ Place the cups on the cookie sheet and fill each one with as different edible product. (can be food, drink, snack, condiment, spice...)
- ◆ Place a kitchen towel over the filled bowls so that no one can see whats underneath.
- ◆ Call each child one at a time into the kitchen.
- ◆ Cover their eyes with the blind and remove the kitchen towel.
- ◆ Help them guide their hand into each bowl one at a time.
- ◆ They must taste each item and identify it.
- ◆ Only first answers are accepted to remind them to take their time.
- ◆ The child that guesses the most right is the winner.

**Examples of tasters:** Ketchup, Mayo, Honey, Croutons, Salt, Chopped hard boiled egg, Chocolate chips, Captain crunch, Cut up string cheese, Butter, Cucumbers, Red sufganiya jelly, Lemon wedges, Pickles, Plain yogurt, Franks hot sauce, Soda, Peanut butter, Craisins, Pesto, Salad dressing...

# Event 4

Monday Night,  
29 Kislev/ Dec 11

## Chicken and The Egg

This game is FOR ME. Eli thinks it's mortifying for the kids and I think I will be laughing so hard I will not even care.

**OBJECTIVE:** Cluck like a duck while the music playing. Stop when the music stops. Do not drop the ball.  
Last player still holding the ball is the winner.

### WHAT YOU WILL NEED:

- ◆ 1 grapefruit sized ball (you can either use 1 ball per player and everyone can play at the same time, or use 1 ball, give each player a turn and time them)
- ◆ Music

### HOW TO PLAY:

- ◆ Place the ball between the players legs.
- ◆ Demonstrate for them exactly what type of "clucking" you are expecting.
- ◆ Start the music.
- ◆ They must cluck as long as the music is playing and stop clucking when they music stops.
- ◆ Start and stop the music frequently to give them breaks (clucking is hard work!)
- ◆ Any player not clucking while the music plays is disqualified.
- ◆ Any player whose ball falls to the floor is out.
- ◆ The last player clucking with the ball in tact is the winner.

# Event 5

Tues Night,  
1 Teves/ Dec 12

## Nos' B'OI

**THIS YEARS FIFTH EVENT WILL BE DEDICATED TO ALL THE CHILDREN WHO ARE DIRECTLY SUFFERING AS A RESULT OF THE WAR.**

We chose to forgo one of the games because our brothers and sister are suffering.

Making Chanukah special for our children is always a priority because teaching our children to love celebrating our customs and laws through its beauty and splendor is extremely important to us.

Equally important to Eli and I is teaching our children to be vessels that are strong enough to simultaneously contain joy and sadness.

We celebrate Chanukah amidst physical, emotional and spiritual darkness this year. Our light is so strong it breaks through the thick walls of hate the world builds around us. And it is our job to take the light we emanate and help it spread as far and wide as we can so that every one of our jewish brothers and sisters feel it.

So tonight, instead of playing a game where one of our children wins, we want them to ENJOY bringing some light to others.  
Sooooo... Were headed back to the shekel store!

- ◆ Each child will be given 50 shekel and the name and age of a child in need.
- ◆ They will have 30 minutes to "shop" for gifts for this child.
- ◆ Then well go home and have a gift "wrapping" (or bagging) party.
- ◆ Each child will write a note to the child they received and we will send out the gifts on Wednesday morning.

Eli and I will do our best to make the atmosphere light and fun and meaningful.

Our hope is that our children have a nice, beautiful night of Chanukah as a family while bring some light and love to others that may need it.

*\*Note: If you would like to play a game, there are many Chalypics games from previous years that you can use!*



# Event 6

Wednesday,  
2 Teves/ Dec 13

## From The River to The Sea

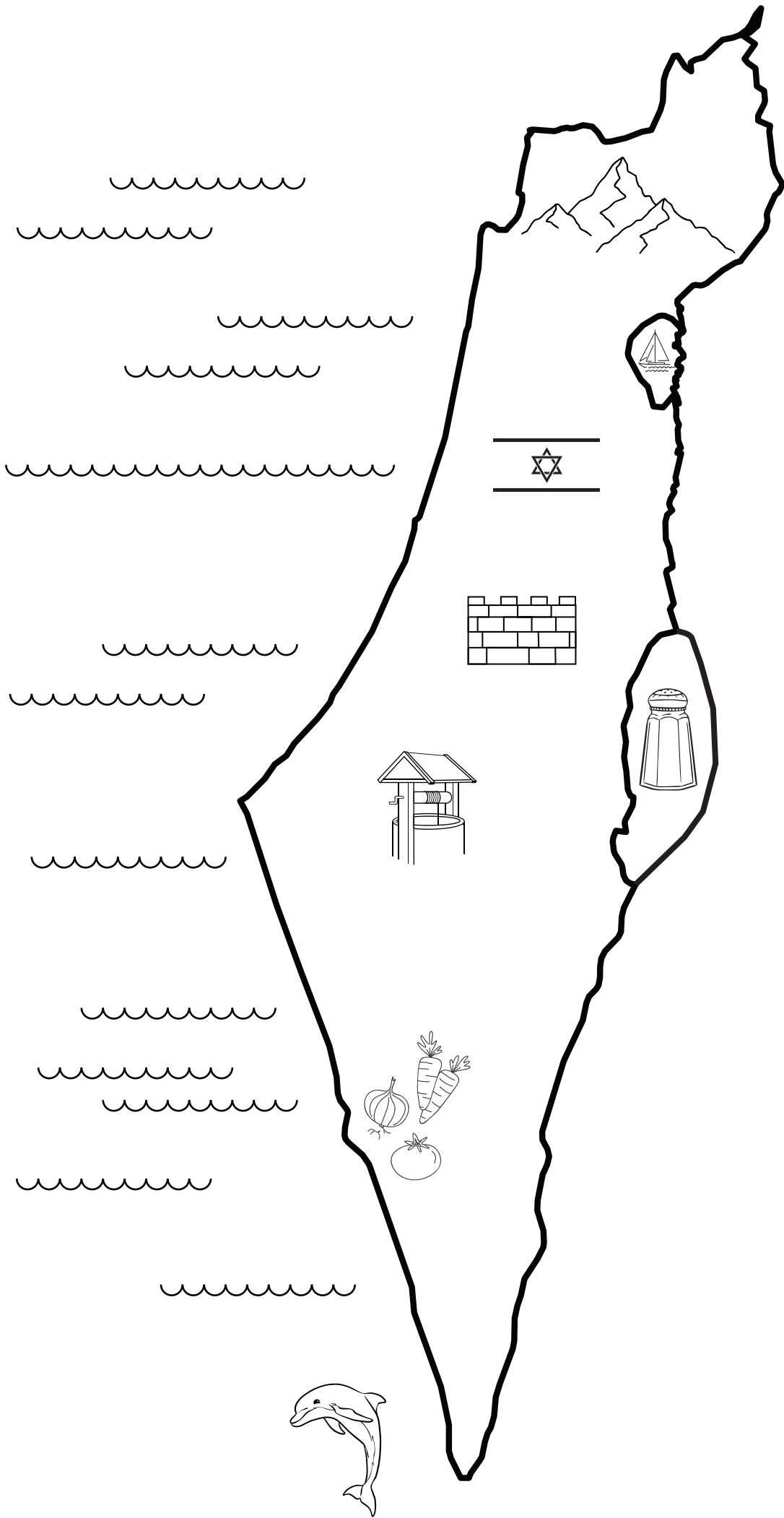
**Object of the game:** To draw the image on the paper without seeing it, only by feeling it traced on your back.

### WHAT YOU WILL NEED:

- ◆ Print out as many pdf's (coming soon!) as players
- ◆ White paper (1 per player)
- ◆ Painters tape
- ◆ Pencils
- ◆ Pen with a cap

### HOW TO PLAY:

- ◆ Stick a piece of paper using painters tape onto the wall. Should be about the height of the players shoulders.
- ◆ Without the players seeing the pdf tape it to the players back.
- ◆ Use the pen (cap on!) to trace the image on the printed pdf while they draw the image onto the paper on the wall.
- ◆ The player whose image most closely resembles the image on the printed pdf wins!



# Event 7

Thursday Night,  
3 Teves/ Dec 14

## Flip Cups & Closing Ceremony

**Object of the game:** Be the player with the most cups flipped right side up at the end of 3 minutes.

### WHAT YOU WILL NEED:

- ◆ 40 plastic cups per person (you can either use different colored plastic cups, or use all the same color, and use sharpies to add a different colored stripe to the cups to differentiate.)
- ◆ For example: Meir's 40 cups will have a blue stripe, Dovi's a green, Leah Baila's a purple...

### HOW TO PLAY:

- ◆ Spill the cups all over the floor.
- ◆ Mix them up, kick em around, make a real mess.
- ◆ Set the clock to 3 minutes.
- ◆ In 3 minutes each player will have to turn over as many of their own cups as possible while turning other players cups upside down.
- ◆ At the end of 3 minutes the player with the most cups turned right side up is the winner.

# Closing Ceremony

- ◆ Tally up all the medals on the scoreboard.
- ◆ The person with the most golds, is the overall winner, the person with the second most is the silver medal winner and so on and so forth.
- ◆ Repeat the torch lighting ceremony only this time the overall winner goes first!



**Until next year,  
The End.**