



CHALYMPICS

5783 — 2022

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What are the Chalympics?

The **CHALYMPICS** is an 8 day long, 7 event series we partake in every year of Chanukah (we take a break friday night for shabbos!).

Every night, after we light the menorah, instead of opening presents, we set up a game, using inexpensive materials that are easily purchased or that are already lying around the house, and all the kids compete.

Like the real Olympics, we start off with a torch lighting ceremony ([CLICK HERE](#) to see how to DIY your own CHALYMPIC torches!), the winners stand on appropriate leveled chairs and receive their award at the end of each night, and of course we end the games with another torch lighting ceremony.

Through out the 8 days, we keep track of the winners on a giant score card and at the end of the **CHALYMPICS** there is a final champion who wins the ultimate prize...BRAGGING RIGHTS!



The events and their rules

These are the 7 events my children will be competing in this year. If some of these games are not suitable for your children, you can watch our videos from years past for some other ideas. You can also come up with your own games that are more appropriate for your family!

A few things to know:

All games are based on 5 contestants. Adjust accordingly. Games are chosen specifically to avoid judges having to “choose” winners. This keeps emotions a little more at bay. We find that having to choose, who built the “best” menorah can cause more problems than ‘who replicated the menorah the fastest or who got the most blind tastes correct’. If you do choose to incorporate your own games into the CHALYMPICS (which I do highly suggest because no one knows your family better than you!), I would suggest you keep this aspect of the games in mind.

NEW THIS YEAR:

BONUS CHALLENGES

Due to having a wider age range of children competing in this years CHALYMPICS we have added a BONUS CHALLENGE ELEMENT. Players ages 9 and up will be required to do a few minor extra steps in certain challenges to level the playing field.

Event 1

Sunday Night,
25 Kislev/ Dec 18

Opening Ceremonies and Live Memory

WHAT YOU WILL NEED:

The homemade torches

- ◆ 12 sets of identical shekel store prizes. (2 key chains, 2 silly patty's...)
- ◆ 24 aluminum 9x13 pans (or any size, you just want to make sure that the prizes fit fully underneath them)

For the opening ceremony, play Olympic music, and have the contestants line up in age order. Light the oldest ones torch and then he lights the persons next to him. Continue until all torches are lit and then take a ceremonious walk around the living room.

(Blow out torches and save for closing ceremony)

HOW TO PLAY:

- ◆ Send the children out of the room.
- ◆ Arrange the prizes on a large space on the floor, separating identical prizes, in a grid like pattern.
- ◆ Cover each prize with an aluminum pan.
- ◆ Call the children back into the room.
- ◆ Now play memory....
- ◆ Give each a child a chance to uncover two prizes. If the prizes are not the same, replace the pan over the prize and it is the next Childs turn.
- ◆ When someone uncovers identical prizes they keep it.
- ◆ Play until all prizes have been accounted for.
- ◆ We like to end this game with a prize swap. No one can keep two prizes and they must trade. Sometimes they need our help to facilitate this but usually it goes smoothly since they are all equally small, 1 shekel = prizes!

Event 2

Monday Night,
26 Kislev/ Dec 19

Cooking relay: Lasagna Roll Ups

WHAT YOU WILL NEED (per player):

- ◆ 6 boiled lasagna noodles,
- ◆ 12-14 tbsp ricotta cheese,
- ◆ 1 & 1/4 cup tomato sauce,
- ◆ 1 & 1/2 cup shredded cheese,
- ◆ salt, pepper,
- ◆ small rectangle tin,
- ◆ plastic cutting board,
- ◆ 2 spoons

HOW TO PLAY:

Set up a cutting board in front of each station where player will stand. Add all the tools and ingredients around the cutting board. Demonstrate how to make one lasagna roll up, then tell each player they must make 6, place then in the tin, add a little more sauce and cheese on too and the first player to scream **done** wins!

**For younger players: reduce the amount to 4*

***Of course be clear that roll up must in fact be rolled in a decent manner.*

Event 3

Tuesday Night,
27 Kislev/ Dec 20

Go Fish

WHAT YOU WILL NEED (per player):

- ◆ bucket or bowl,
- ◆ large kitchen spoons (must have the same spoon for all players),
- ◆ blindfold

TOOLS (for everyone):

- ◆ 200 cotton balls

HOW TO PLAY:

- ◆ Place players around a large table.
- ◆ In front of each player place a bucket or basket and hand them a spoon.
- ◆ Blindfold them.
- ◆ Pour cotton balls onto the table.
- ◆ Put 2 min on the clock, blast some music and tell them to collect as many cotton balls with their spoons as possible and place them in their bucket.
- ◆ At the end of the two min when the buzzer goes off, count the cotton balls in everyone's basket. The player with the most cotton balls, is the winner.



Event 4

Wednesday Night,
27 Kislev/ Dec 21

Cookie Stacking Relay

WHAT YOU WILL NEED:

- ◆ Lots of cookies

HOW TO PLAY:

- ◆ This is a timed event!
- ◆ Send children out of the room for 5 minutes.
- ◆ Create a tower, or series of towers using cookies.
- ◆ Bring out children and give them each 3 minutes to replicate the tower you've built.
- ◆ The child that does it the fastest, or gets farthest along in the given time is the winner.

Event 5

Thursday Night,
29 Kislev/ Dec 22

Leaning Tower of Gelt

WHAT YOU WILL NEED:

- ◆ 30 Chanukah gels

HOW TO PLAY:

- ◆ Players are each given a stack of gelt.
- ◆ Set 2 min on the timer.
- ◆ Each player has to build the highest stack possible.

Strategy: players can decide when to stop building and wait out the clock. That is their choice! Or they can risk it and keep building! All up to them!



Event 6

Motzei Shabbos,
1 Teves/ Dec 24

Connect 4

WHAT YOU WILL NEED:

- ◆ 16 pieces of white bread,
- ◆ peanut butter,
- ◆ 6/7 ping pong or bouncy balls,
- ◆ painters tape

HOW TO PLAY:

- ◆ Create a 4x4 grid with painters tape.
- ◆ Each square should be large enough to hold a slice of bread.
- ◆ Spread each piece of bread with peanut butter and place in the grid.
- ◆ Have players stand at the other end of the table and try to bounce the ping pong ball on to the bread so that it sticks to the slice.
- ◆ When a player gets 4 balls to stick to 4 slices in a straight line or diagonal line their turn is over.
- ◆ The player to do this in the least amount of turns is the winner!

Event 7

Sunday Night,
2 Teves/ Dec 25

The Blind Taste Test and Closing Ceremony

Object of the game:

To identify as many foods as possible by simply tasting them while blindfolded.

WHAT YOU WILL NEED:

- ◆ Blindfold, or scarf
- ◆ A cookie sheet (to contain any spills)
- ◆ 20 different foods that can fit into small bowls or cups
- ◆ 20 small bowls or cups
- ◆ A kitchen towel

HOW TO PLAY:

- ◆ Send the kids out of the kitchen.
- ◆ Place the cups on the cookie sheet and fill each one with as different edible product. (can be food, drink, snack, condiment, spice...)
- ◆ Place a kitchen towel over the filled bowls so that no one can see whats underneath.
- ◆ Call each child one at a time into the kitchen.
- ◆ Cover their eyes with the blind and remove the kitchen towel.
- ◆ Help them guide their hand into each bowl one at a time.
- ◆ They must taste each item and identify it.
- ◆ Only first answers are accepted to remind them to take their time.
- ◆ The child that guesses the most right is the winner.

Examples of tasters: Ketchup, Mayo, Honey, Croutons, Salt, Chopped hard boiled egg, Chocolate chips, Captain crunch, Cut up string cheese, Butter, Cucumbers, Red sufganiya jelly, Lemon wedges, Pickles, Plain yogurt, Franks hot sauce, Soda, Peanut butter, Craisins, Pesto, Salad dressing...

Closing Ceremony

- ◆ Tally up all the medals on the scoreboard.
- ◆ The person with the most golds, is the overall winner, the person with the second most is the silver medal winner and so on and so forth.
- ◆ Repeat the torch lighting ceremony only this time the overall winner goes first!



**Until next year,
The End.**